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**Debriefing Form – *Regulating Emotions in Socially Complex Scenario*****Purpose:**

You read “*New Paradigms for Assessing Emotional Intelligence: Theory and Data*” by Carolyn MacCann and Richard D. Roberts (2008).

The researchers introduced and validated two new emotional intelligence (EI) measures, the Situational Test of Emotional Understanding (STEU) and the Situational Test of Emotion Management (STEM). The researchers also investigated the effects of test response format, addressing some limitations of past EI measures. In the first study, undergraduate psychology students completed the STEU and the STEM, along with measures for life satisfaction, alexithymia, vocabulary, personality, other EI assessments and their grades were collected (as a measure of academic success). The validity of STEU and STEM, the relationship with these other variables, and the effect of response format were examined. The second study used a non-university sample and the association between scores on STEU, STEM, and Depression Anxiety Stress Scales were found. The main findings of the studies were that the developed measures are valid measures of emotional intelligence, highlighting the importance of differentiating between test and construct effects, and emphasizing the need for diversifying EI assessments.

**Contact information:**

If, after participating in the study, you have any questions about this research, please contact Daniela Teodorescu at [dteodore@ualberta.ca](mailto:dteodore@ualberta.ca).

If you have any questions about your research participation, contact the Research Participation Coordinator at 780-492-5689 or [rescred@ualberta.ca](mailto:rescred@ualberta.ca).

The plan for this study has been reviewed for its adherence to ethical guidelines by a Research Ethics Board at the University of Alberta. For questions regarding participant rights and ethical conduct of research, contact the Research Ethics Office at [reoffice@ualberta.ca](mailto:reoffice@ualberta.ca).